

PHYSICAL EDUCATION + HEALTH EDUCATION – Teaching

[code: PEDPHBSPE]

Student Name: _____

I. HPER - PHYSICAL & HEALTH EDUCATION MAJOR COURSES (87 credit hours)

<u>Course Title</u>	<u>Pre-reqs*</u>	<u>Offered**</u>	<u>Course</u>	<u>Credit Hours</u>	<u>Grade</u>	<u>Notes</u>
Swimming Requirement – pass Department swim test; if necessary take lessons or class/es, retake + pass swim test. (Recorded as Satisfactory/Fail)		F, Sp		0		
Elective dance class (social/ballroom, tap, ballet, modern, jazz, line dancing, clogging – not aerobics, kickboxing, group exercise)		All	D or E1____	1		
Activity elective – new-to-student activity and be approved in advance by academic advisor. Prerequisite for P224 does <u>not</u> meet this requirement.		All	E1____	1		
Learning Community HPER L135 (for new students + transfers with <15 hrs)		F	L135	1		
PRE-Block Courses (see note below):						
First Aid and Emergency Care		All	H160	3		
History & Principles of Physical Education		F	P195	3		
Computer Applications/Physical Education – (EDUC requires C or better; + course may not be > than 10 years by time you student teach)		F, Sp	P200	3		
Motor Development		F, Sp	P204	3		
Structural Kinesiology		All	P205	3		
Principles & Practice of Exercise Science		All	P215	3		
Also Pre-Block – W131, W231 & R110						
Coordinated School Health Programs (counts for both PE and HE)		Sp	H464	3		
Health Elective: Select two (2) from HPER F258/Marriage & Family; H180-Stress Prevention/Management, H317/H517 – Health/Wellness Summer Institute, H414/515-Health Education in Grades K-8, or other course approved in advance by Department Chair or Dr. Angermeier			H____ H____	3 3		
Nutrition for Health (counts for both PE and HE)		F, Sp	N220	3		
Teaching Individual/Dual Activities		Sp	P133	2		
Teaching Team Activities		F	P156	2		
Teaching of Dance Activities	Yes	F	P224	2		
Performance & Teaching – Cardiovascular Fitness		All	P244	2		
Performance & Teaching – Resistance Training		All	P245	2		
Human Sexuality		All	F255	3		
Perform. & Teaching – Activities-Persons with Disabilities		F, SI	P258	1		
Lifetime Sports (at Camp Brosius, WI)		SI	P271	1		
Dynamics of Camp Leadership (at Camp Brosius, WI)		SI	R275	2		
Movement Experiences for Preschool & Elementary Children		All	P290	2		
Drugs and American Society		F, Sp	H318	3		
Secondary School Health Curriculum & Instruction		F	H352	3		
Growth/Motor Performance School Age Youth K-12 (co-req. P495)	Yes	F, Sp	P390	2		
Kinesiology	Yes	F	P397	3		
Adapted Physical Education	Yes	Sp	P398	3		
Introduction to Sport Psychology	Yes	F, Sp	P405	3		
Basic Physiology of Exercise	Yes	F, Sp	P409	3		
Legal Issues in Sports Settings	Yes	F, Sp	P411	3		
Student Assistance Program	Yes	Sp, SII	H517	3		
Motor Learning	Yes	F, Sp	P452	3		
Tests & Measurements	Yes	F	P493	3		
Lab Teaching in Physical Education (co-req. P390)	Yes	F, Sp	P495	1		
Organizational & Curricular Structures of PE K-12	Yes	F	P497	2		

• Prerequisites – see separate sheet listing prerequisites

** Typical Scheduling Pattern, F=Fall, Sp=Spring, SI=Summer I, SII=Summer II, All=F+Sp+SI+SII (Subject to change)

Shaded - courses that must be taken prior to applying for admission into Teacher Education

OVER

II. GENERAL EDUCATION (26 credit hours) Physical Education + Health Education – Teaching

A. HUMANITIES (9 credit hours)					
Title	Dept.	Course	Cr. Hrs.	Grade	Notes
Elementary Composition I (Grade of C or better required by PE & EDUC)	ENG	W131	3		
Prof'l Writing Skills/W231 or Bus Comm X204 (Grade of C or higher required by PE)	ENG BUS	W231 or X204	3		
Speech Communication (Grade of C or better required by PE & EDUC) – EDUC does not allow this course to be taken by correspondence	COMM	R110	3		

B. MATH/SCIENCE (8 credit hours)					
Human Biology Lecture	BIOL	N214	3		
Human Biology Lab	BIOL	N215	1		
Math 111 Algebra (4 Cr.) – <i>If you test into > Math 111 you do not need to take math</i>	MATH	111	4		

C. SOCIAL & BEHAVIORAL SCIENCES (9 credit hours)					
Psychology as a Social Science	PSY	B104	3		
Society & Culture (or other diversity course approved in advance by Dept. Chair)	ANTH	A104	3		
<u>Elective (3 cr.) – Select from:</u> Anthropology, Economics, Geography (non-physical), History, Organizational Leadership, Political Science, Psychology, Sociology, Women's Studies You Selected _____			3		

III. PROFESSIONAL EDUCATION (33 credit hours)-You must be admitted to Education/Teacher Education to take these courses

- Must be admitted to Education/Teacher Education to take these courses; Sept. 7 and Feb. 7 admission deadlines
- See School of Education website for admission requirements <http://education.iupui.edu>
- Minimum 2.5 average GPA in Professional Education component; minimum 2.0 in each class

BLOCK I – Diversity & Learning Block (7 cr.) (Available fall and spring semesters; meets on Tue/Thurs)					
<input type="checkbox"/> Diversity & Learning: Reaching Every Adolescent	EDUC	M322	6		
<input type="checkbox"/> Diversity & Learning Field Experience	EDUC	M301	1		
<input type="checkbox"/> Benchmark I (Unit Assessment System)			0		
BLOCK II – Middle School Block (7 cr.) (Available fall and spring semesters; meets on Tue/Thurs)					
<input type="checkbox"/> Teaching & Learning in the Middle School	EDUC	S420	3		
<input type="checkbox"/> Middle School Field Experience	EDUC	M303	1		
<input type="checkbox"/> Content Literacy	EDUC	M469	3		
CONTENT BLOCK (4 cr.) (Available SPRING ONLY; meets on Mon/Wed)					
<input type="checkbox"/> Methods of Teaching Physical Education + Health (focus: secondary)	EDUC	M456	3		
<input type="checkbox"/> High School Field Experience	EDUC	M408	0		
<input type="checkbox"/> Benchmark II (Unit Assessment System) Analysis of conceptual knowledge	EDUC		0		
BLOCK IV – Student Teaching (Physical Education + Health) (Available fall and spring; meets Mon thru Fri)					
<input type="checkbox"/> Student Teaching/Secondary (8 weeks)	EDUC	M451	8		
<input type="checkbox"/> Student Teaching/Middle School (8 weeks) or	EDUC	M451 or	8		
<input type="checkbox"/> Student Teaching/Elementary (8 weeks) <i>Does not include Health</i>	EDUC	M425			
<input type="checkbox"/> Benchmark III (Unit Assessment System) Portfolio	EDUC		0		

Total Credit Hours: 146

Teacher Certification Levels/Settings	Elementary	Middle	Secondary
Content Area/s	Physical Education	Health Education + Physical Education	Health Education + Physical Education